

News from the Wyoming Department of Health

Wednesday, April 22, 2009

Aging Conference Set for May

The 2009 Wyoming Conference on Aging, which is hosted by the Wyoming Department of Health's Aging Division, will be held in Cheyenne May 19-21 at the Holiday Inn.

This year's conference theme is "The New Frontier of Aging."

"People who join us for the conference can expect to gain access to information and knowledge about the services available for older adults in Wyoming, as well as inspiration about dealing with the changes we face as we age," said Michelle Ammerman, interim administrator of the Wyoming Department of Health's Aging Division. Ammerman encouraged older adults, family members, caregivers and those who provide senior services in Wyoming to attend.

The keynote/banquet speaker will be Olympic champion Bruce Jenner. Jenner will discuss issues related to health and physical fitness as we age, as well as his own experiences as a caregiver for his aging parents.

Additional session topics include older adults and mental health, fall prevention, cultural competency, aging etiquette, healthcare reform, caregiving, emergency preparedness, older adults and substance abuse, long-term care planning, economic recession and effects on retirement, and financial exploitation.

A free pre-conference session on May 19 will cover medications and older adults presented by the University of Wyoming School of Pharmacy and the Wyoming Department of Health.

The conference registration fee for adults over 60 is \$85 with the fee set at \$125 for other participants. Registration forms may be requested by email at wyaging@health.wyo.gov. For more information about attending the conference or to ask for a form, please contact the Aging Division at 1-307-777-7986.

The conference is sponsored in part by the Wyoming Geriatric Education Center, Humana, AARP, Cheyenne Meals on Wheels, and the Department of Health's Mental Health and Substance Abuse Services Division.

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